



IT'S WORTH REPEATING

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us." ~ Hal Borland

TRENDING AROUND TOWN

The Countdown Begins

As 2017 comes to a close, many people are looking ahead, thinking about the improvements we want to see in our own lives and in our communities, and resolving to make positive change. A new year brings hope and a spirit of renewal. And for Health Foundation, the coming year carries a milestone: **our 25th anniversary** of investing in health in South Florida.

The year leading up to our anniversary was a time of real struggles. Hit by hurricanes, record-setting shootings, Twitter trends and health care battles; it had potential to be downright devastating. But through the dark there is always light. Our investments were high performing and making an impact, grantees were writing success stories and people were pulling together.

We saw the hopeful side of situations, the silver linings shining through for all to celebrate. And we will. A "Silver Linings" 25th Anniversary and Recognition Luncheon will be held on Tuesday, March 20th at Jungle Island followed by community forums and special grant announcements. Information on these events will be available soon.

As we look ahead, we also invite you to look back. If you have a special story or photo that reflects a way in which the Foundation supported your work, please email it to Shari Gantman at sgantman@hfsf.org or call: 305.374.9199. And although our stories may be different, we all share the same passion: to do our best to create silver linings for all South Floridians.

Solutions for Those Making Resolutions

According to Google, the top New Year's resolution in January 2017 was to "get healthy." There were 62,776,640 searches, a 13.77 percent increase over the prior year. If that resolution makes it on your list for 2018, no need to Google fitness ideas. Check out Broward's Destination Fitness facility.

The outdoor exercise area in Reverend Samuel Delevoe Memorial Park, located at 2520 NW Sixth Street in Fort Lauderdale is designed for ages 14 and older. The 36-acre park has a dozen no-cost workout stations. Users can target specific areas such as arms, legs and upper body. Several of the fixtures are handicap accessible.

Destination Fitness, which opened in June, is the first of its kind in the Broward Municipal Services District. According to Assistant County Administrator Alphonso Jefferson, "Without partnerships in the community, we wouldn't see this. It's about bringing community businesses and residents together to change how this community functions."



Partners for the fitness facility included Transforming Our Community's Health (TOUCH), several agencies and Health Foundation of South Florida, who awarded a \$54,000 grant to Broward Regional Health Planning Council. For the Foundation, finishing this successful project was like the feeling that comes after exercising: happy and satisfied for a grant that "worked out" great.

Top of the Class in School Health Centers

A \$100,000 Health Foundation grant to the Keys AHEC Health Centers' program for Monroe County Primary Care School Health Centers is earning top grades. The program successfully expanded into its eighth site this year offering no-cost primary care services to the medically vulnerable students of Monroe County. With a team of five Nurse Practitioners, one Physician's Assistant, one Registered Nurse and a Medical Director, the program helps approximately 5,500 students with over 8,000 clinical visits.

According to Florida Keys AHEC Executive Director Michael Cunningham, "With Hurricane Irma recovery still at the forefront of everyone's efforts, Fisherman's Hospital destroyed and the affordability of care always in question, the clinics serve a vital role in caring for these children and the increasing number of visits. The Keys AHEC Health Centers serve an indispensable role in providing critically needed health care for children and families throughout the County."



Florida Keys AHEC Executive Director Michael Cunningham talks with a student

They get an "A" for being an awesome grantee and community partner. For more information, please call Florida Keys AHEC at 305-743-7111.

Everyone is Raven' About the MAVEN Telehealth Project

Patients without health insurance frequently face long waits for specialty care. The collaborative MAVEN Project, launched in November at the University of Miami Miller School of Medicine's Mailman Center for Child Development, aims to cure that problem by connecting patients to volunteer physicians through mobile clinics equipped with telehealth systems.



The MAVEN (Medical Alumni Volunteer Expert Network) Project is collaborating with UHealth-the University of Miami Health System, UHI Community Care Clinic and Florida International University, leveraging grants funded by the United Way of Miami-Dade and Health Foundation of South Florida.

"We help primary care providers in underserved communities manage chronic conditions in a clinic setting, validate patient care plans and improve health outcomes," said Lisa Bard Levine, M.D., CEO of The MAVEN Project, a San Francisco-based nonprofit. "Our physician volunteers include retirees and those in active practice who provide their expertise to help vulnerable populations."

Khalid Mirza, Board Vice President at UHI Community Care Clinic in Miami Gardens said, "Being able to see a neurologist, cardiologist, endocrinologist or other specialists without delays is vital to improving the health of our patients. By helping our team keep conditions like diabetes or hypertension under control, the MAVEN Project can reduce hospital admissions and emergency room visits, resulting in lower costs as well as better outcomes."

For additional information on the MAVEN Program, visit <http://www.mavenproject.org/>

COLLABORATIVE CLICKS



University of Miami President Julio Frenk M.D. met recently with Health Foundation's Associate Vice President of Programs, Policy and Special Initiatives Janisse Schoepp Ph.D. to discuss how UM, as an anchor institution, plays a role in creating a healthy and vibrant community.



Health Foundation of South Florida (HFSF) Board Chair Thao Tran M.D. (L) and Board members Loreen Chant (President/CEO Easter Seals South Florida & Everett Wilson (Partner/Healthcare Practice Group, Akerman LLP) with HFSF President & CEO Steven Marcus at American Red Cross Spectrum Awards Luncheon.

It's A Date

March 20th

Health Foundation's 25th Anniversary and Recognition Luncheon

Join us at Jungle Island as we celebrate valued partnerships and honor our grantees. Sponsorship opportunities and additional information coming your way soon.

Ongoing

Apply for Funding: No Need to Wait Until 2018

Eight months ago, the Foundation began offering funding opportunities on an ongoing basis, instead of semi-annually. Funding priority areas include: Behavioral Health, Healthy Eating Active Communities, Primary Care and Other Community Health Needs. The new grants process also enables applicants to work with a program staff member while developing their projects and gaining their guidance prior to final submission.

Please see the funding calendar and opportunities that are listed under the Grants tab of our website, www.hfsf.org. Eligibility requirements and information on Priority Areas are also available on the website. For additional information on the online application process, please contact Any Karina Balza at 786.888.5497 or by email: abalza@hfsf.org

WISHING YOU MILES OF SMILES...

Health Foundation's Board and Staff wish you and your family laughter, love and good health in the coming year...and always.



“The doctor told my husband to double his daily exercise, so now he changes channels with both hands!”

STAY CONNECTED:



**HEALTH
FOUNDATION**
of south florida

Thank you for reading our email. See what else we are saying and doing by checking out our website, www.hfsf.org

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